

# LAKE CAHUILLA RECREATION AREA



## Palm Springs, California Run Course

3.1 miles/6.2 miles/13.1 miles

### ALPHA SPRINT:

- Run: 3.1 miles (one out-n-back)
- 1) - Exit Transition
- 2) - L on Cahuilla Park Road
- 3) - Continue straight on W Access Road
- 4) - Turn around at 1.55 miles
- 5) - Return on same route to Finish

### ALPHA OLYMPIC:

- Run: 6.2 miles (two out-n-backs)
- 1) - Exit Transition
- 2) - L on Cahuilla Park Road
- 3) - Continue straight on W Access Road
- 4) - Turn around at 1.55 miles
- 5) - Return on same route to complete second out-n-back to Finish

### ALPHA 70.3:

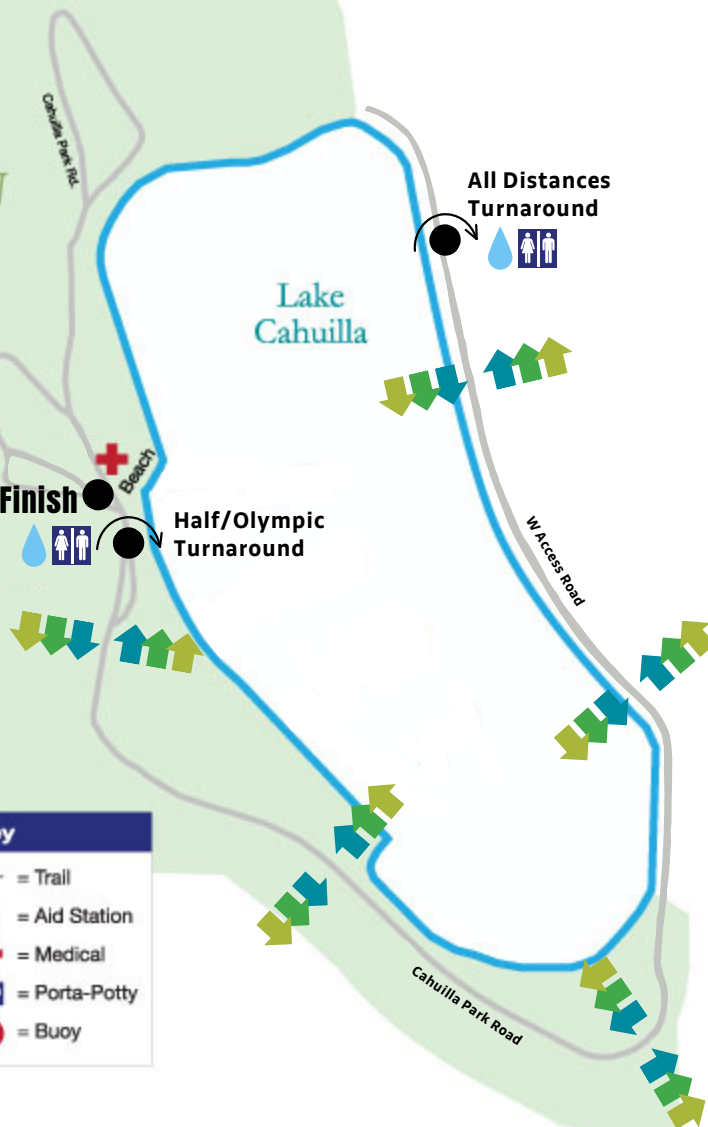
- Run: 13.1 miles (four out-n-backs)
- 1) - Exit Transition
- 2) - L on Cahuilla Park Road
- 3) - Continue straight on W Access Road
- 4) - Turn around at 1.55 miles
- 5) - Return on same route to complete remaining 3 out-n-backs to Finish



Start/Finish

Half/Olympic Turnaround

All Distances Turnaround



### Course Key

- |                   |                 |
|-------------------|-----------------|
| → = Alpha Sprint  | - - - = Trail   |
| → = Alpha Olympic | 💧 = Aid Station |
| → = Alpha 70.3    | + = Medical     |
|                   | 🚻 = Porta-Potty |
|                   | ● = Buoy        |