

HITS TRIATHLON SERIES

Napa Valley, California

Swim Course

100 meters/750 meters/1,500 meters/1.2 miles/2.4 miles

OPEN: Sunday, April 14, 2019

- Swim: 100 meters (one loop)
 - 1) - Beach start at Lake Berryessa's Chaparral Cove
 - 2) - Swim one loop in counter-clockwise direction
 - 3) - Exit water to T1

SPRINT: Sunday, April 14, 2019

- Swim: 750 meters (one loop)
 - 1) - Beach start at Lake Berryessa's Chaparral Cove
 - 2) - Swim one loop in counter-clockwise direction
 - 3) - Exit water to T1

OLYMPIC: Sunday, April 14, 2019










- Swim: 1,500 meters (two loops)
 - 1) - Beach start at Lake Berryessa's Chaparral Cove
 - 2) - Swim two loops in counter-clockwise direction
 - 3) - Exit water to T1

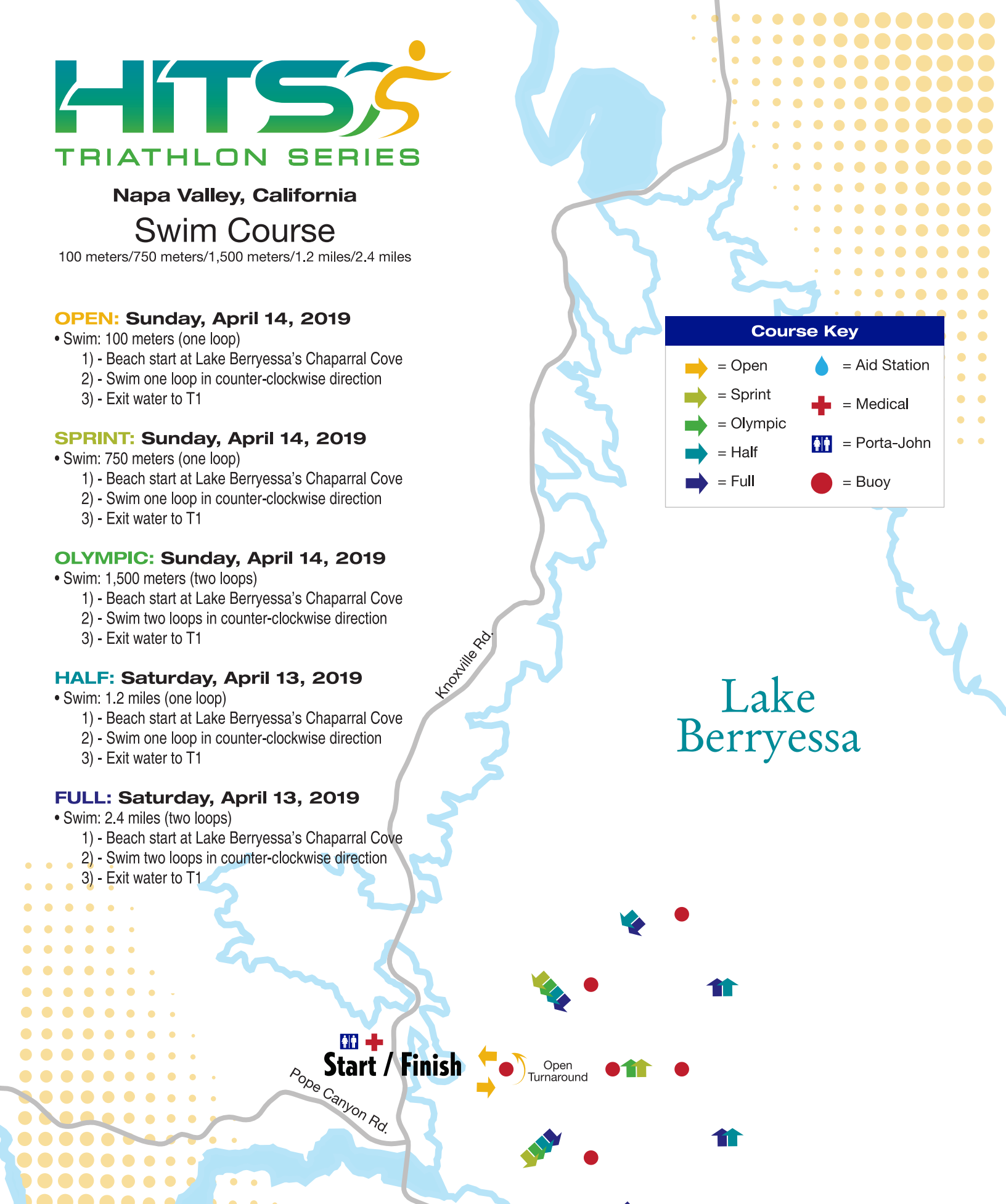
HALF: Saturday, April 13, 2019

- Swim: 1.2 miles (one loop)
 - 1) - Beach start at Lake Berryessa's Chaparral Cove
 - 2) - Swim one loop in counter-clockwise direction
 - 3) - Exit water to T1

FULL: Saturday, April 13, 2019

- Swim: 2.4 miles (two loops)
 - 1) - Beach start at Lake Berryessa's Chaparral Cove
 - 2) - Swim two loops in counter-clockwise direction
 - 3) - Exit water to T1

Course Key			
	= Open		= Aid Station
	= Sprint		= Medical
	= Olympic		= Porta-John
	= Half		= Buoy
	= Full		



Lake Berryessa