

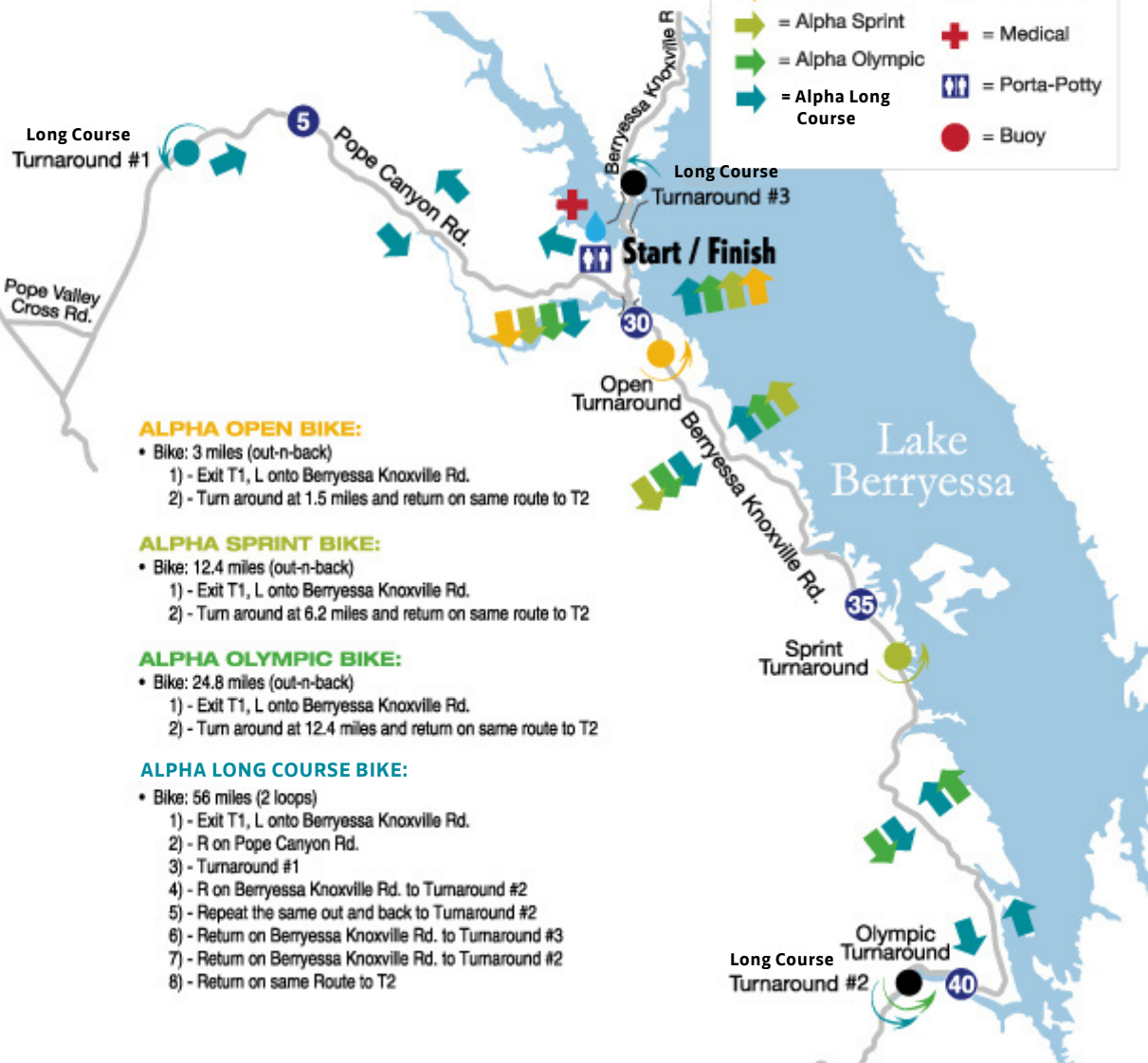


# Napa Valley, California Bike Course

3 miles/12.4 miles/24.8 miles/56 miles



Course Key	
= Alpha Open	= Aid Station
= Alpha Sprint	= Medical
= Alpha Olympic	= Porta-Potty
= Alpha Long Course	= Buoy



### ALPHA OPEN BIKE:

- Bike: 3 miles (out-n-back)
  - 1) - Exit T1, L onto Berryessa Knoxville Rd.
  - 2) - Turn around at 1.5 miles and return on same route to T2

### ALPHA SPRINT BIKE:

- Bike: 12.4 miles (out-n-back)
  - 1) - Exit T1, L onto Berryessa Knoxville Rd.
  - 2) - Turn around at 6.2 miles and return on same route to T2

### ALPHA OLYMPIC BIKE:

- Bike: 24.8 miles (out-n-back)
  - 1) - Exit T1, L onto Berryessa Knoxville Rd.
  - 2) - Turn around at 12.4 miles and return on same route to T2

### ALPHA LONG COURSE BIKE:

- Bike: 56 miles (2 loops)
  - 1) - Exit T1, L onto Berryessa Knoxville Rd.
  - 2) - R on Pope Canyon Rd.
  - 3) - Turnaround #1
  - 4) - R on Berryessa Knoxville Rd. to Turnaround #2
  - 5) - Repeat the same out and back to Turnaround #2
  - 6) - Return on Berryessa Knoxville Rd. to Turnaround #3
  - 7) - Return on Berryessa Knoxville Rd. to Turnaround #2
  - 8) - Return on same Route to T2