

# HITS TRIATHLON SERIES

## 2019 Championship

### Palm Springs, California Run Course

1 mile/3.1 miles/6.2 miles/13.1 miles/26.2 miles

#### Lake Cahuilla Park

**Note: T2 for Sprint, Olympic, and Half is in Lake Cahuilla Park**

**Note: T2 for Full is in IID Parking Lot, 81600 Ave 58, La Quinta, CA 92253**

Start / Finish

Lake Cahuilla



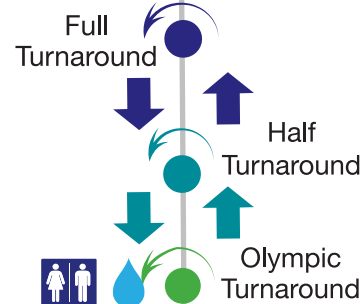
Cahuilla Park Rd.

Park Rd.  
Jefferson St.

58th Ave.

Sprint Turnaround

54th Ave.



Airport Blvd.

3

Madison St.



2

T2 (Full Only)

#### Course Key

	= Sprint		= Trail
	= Olympic		= Aid Station
	= Half		= Medical
			= Porta-John
			= Mile Marker

#### SPRINT: Sunday, October 26, 2019

- Run: 3.1 miles (out-n-back)
  - 1) – Exit T2 L on grass
  - 2) – L on Jefferson St.
  - 3) – R on 58th Ave.
  - 4) – Turn around at 1.55 miles and return on same route to Finish

#### OLYMPIC: Sunday, October 26, 2019

- Run: 6.2 miles (out-n-back)
  - 1) – Exit T2 L on grass
  - 2) – L on Jefferson St.
  - 3) – R on 58th Ave.
  - 4) – L on Madison St.
  - 5) – Turn around at 3.1 miles and return on same route to Finish

#### HALF: Saturday, October 26, 2019

- Run: 13.1 miles (two out-n-backs)
  - 1) – Exit T2 L on grass
  - 2) – L on Jefferson St.
  - 3) – R on 58th Ave.
  - 4) – L on Madison St.
  - 5) – Turn around at 3.275 miles and return on same route to begin second out-n-back to Finish

#### FULL: Saturday, October 26, 2019

- Run: 26.2 miles (four out-n-backs)
  - 1) – Exit T2, R on 58th Ave.
  - 2) – R on Madison St
  - 3) – Turnaround and return on same route
  - 4) – R on 58th Ave
  - 5) – L on Jefferson St
  - 6) – R into Lake Cahuilla Park
  - 7) – L on Park Rd
  - 8) – Turnaround and return on same route to complete second, third and fourth out-n-back to Finish