

Sarasota, Florida

Run Course

3.1 miles/6.2 miles/13.1 miles

Course Key			
Sprint =	→	Trail =	----
Olympic =	→	Aid Station =	💧
Half =	→	Medical =	+
		Porta-Potty =	🚻
		Mile Marker =	5

SPRINT:

Sunday, January 5, 2020

• Run: 3.1 miles (one out-n-back)

- 1) - Exit T2, R onto trail
- 2) - Turn around at 1.55 miles
- 3) - Return on same route to Finish

OLYMPIC:

Sunday, January 5, 2020

• Run: 6.2 miles (two out-n-backs)

- 1) - Exit T2, R onto trail
- 2) - Turn around at 1.55 miles
- 3) - Return on same route to begin second out-n-back to Finish

HALF:

Sunday, January 5, 2020

• Run: 13.1 miles (two out-n-backs)

- 1) - Exit T2, R onto trail
- 2) - Turn around at 3.275 miles
- 3) - Return on same route to begin second out-n-back to Finish

