

Sarasota, Florida

Swim Course

750 m/1,500 m/1.2 miles

Start / Finish



Course Key	
Sprint =	→ --- = Trail
	💧 = Aid Station
Olympic =	→ + = Medical
	🚻 = Porta-Potty
Half =	→ ● = Buoy

Sprint/Olympic Turnaround

Half Turnaround

SPRINT:

Sunday, January 5, 2020

• Swim: 750 meters (one loop)

- 1) - Beach start
- 2) - Swim one loop in counter-clockwise direction
- 3) - Exit water to T1

OLYMPIC:

Sunday, January 5, 2020

• Swim: 1,500 meters (two loops)

- 1) - Beach start
- 2) - Swim two loops in counter-clockwise direction
- 3) - Exit water to T1

HALF:

Sunday, January 5, 2020

• Swim: 1.2 miles (2 loops)

- 1) - Beach start
- 2) - Swim two loops in counter-clockwise direction
- 3) - Exit water to T1

