

Course Map - Swim



Sarasota, Florida Swim Course 750 m/1,500 m/1.2 miles

Course Key	
Sprint =	= Trail
	= Aid Station
Olympic =	= Medical
	= Porta-Potty
Half =	= Buoy

SPRINT:

Sunday, January 9, 2022

- Swim: 750 meters (one loop)
- 1) - Beach start
- 2) - Swim one loop in counter-clockwise direction
- 3) - Exit water to T1

OLYMPIC:

Sunday, January 9, 2022

- Swim: 1,500 meters (two loops)
- 1) - Beach start
- 2) - Swim two loops in counter-clockwise direction
- 3) - Exit water to T1

HALF:

Sunday, January 9, 2022

- Swim: 1.2 miles (two loops)
- 1) - Beach start
- 2) - Swim two loops in counter-clockwise direction
- 3) - Exit water to T1

Start / Finish



Sprint/Olympic Turnaround



Half Turnaround

