

ALPHA SPRINT BIKE:
Sunday, September 5, 2021

- Bike: 12.4 miles (out-n-back)
- 1) - Exit T1, L on Beach Rd
- 2) - R on Canada St
- 3) - L on US 9
- 4) - L on Judd Bridge / Perry Dr
- 5) - L on Harrington Hills Rd
- 6) - L on Bakers Crossing
- 7) - R on US 9
- 8) - R on Mountain Dr
- 9) - L on Ottawa St
- 10) - L on McGillis Ave
- 11) - Cross Route 9 to Beach Rd and T2



Lake George, NY
Bike Course

12.4 miles/24.8 miles/56 miles/112 miles

Course Key

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|-----------|---------------|
| Sprint = | Trail = |
| Olympic = | Aid Station = |
| 70.3 = | Medical = |
| 140.6 = | Porta-Potty = |
| | Mile Marker = |

ALPHA OLYMPIC BIKE:
Sunday, September 5, 2021

- Bike: 24.8 miles (out-n-back)
- 1) - Exit T1, L on Beach Rd
- 2) - R on Canada St
- 3) - L on US 9
- 4) - R on Diamond Pt Rd
- 5) - L on E Schroon River Rd
- 6) - L on County Home Bridge Rd
- 7) - R on Schroon River Rd
- 8) - Turnaround and return on same route
- 9) - Right on Horicon Ave
- 10) - L on Main St / US 9
- 11) - R on Judd Bridge / Perry Dr
- 12) - L on Harrington Hills Rd
- 13) - L on Bakers Crossing
- 14) - R on US 9
- 15) - R on Mountain Dr
- 16) - L on Ottawa St
- 17) - L on McGillis Ave
- 18) - Cross Route 9 to Beach Rd and T2

70.3 BIKE:
Saturday, September 4, 2021

- Bike: 56 miles (one out-n-back)
- 1) - Exit T1, L on Beach Rd
- 2) - R on Canada St
- 3) - L on US 9
- 4) - R on Diamond Pt Rd
- 5) - L on E Schroon River Rd
- 6) - L on County Home Bridge Rd
- 7) - R on Schroon River Rd
- 8) - R on Horicon Ave
- 9) - R on SR 8
- 10) - Continue past first intersection with Palisades Rd
- 11) - L on second intersection with Palisades Rd
- 12) - R on SR 8
- 13) - L on Horicon Ave
- 14) - L on Schroon River Rd, become Horicon Ave
- 15) - L on Main St / US 9
- 16) - R on Judd Bridge / Perry Dr
- 17) - L on Harrington Hills Rd
- 18) - L on Bakers Crossing
- 19) - R on US 9
- 20) - R on Mountain Dr
- 21) - L on Ottawa St
- 22) - L on McGillis Ave
- 23) - Cross Route 9 to Beach Rd to T2

140.6 BIKE:
Saturday, September 4, 2021

- Bike: 112 miles (two out-n-backs)
- 1) - Exit T1, L on Beach Rd
- 2) - R on Canada St
- 3) - L on US 9
- 4) - R on Diamond Pt Rd
- 5) - L on E Schroon River Rd
- 6) - L on County Home Bridge Rd
- 7) - R on Schroon River Rd
- 8) - R on Horicon Ave
- 9) - R on SR 8
- 10) - Continue past first intersection with Palisades Rd
- 11) - L on second intersection with Palisades Rd
- 12) - R on SR 8
- 13) - L on Horicon Ave
- 14) - L on Schroon River Rd, become Horicon Ave
- 15) - L on Main St / US 9
- 16) - R on Judd Bridge / Perry Dr
- 17) - L on Harrington Hills Rd
- 18) - L on Bakers Crossing
- 19) - R on US 9
- 20) - R on Mountain Dr
- 21) - L on Ottawa St
- 22) - L on McGillis Ave
- 23) - Cross Route 9 to Beach Rd to begin second out-n-back to T2

