

# June Lake, CA Swim Course

50 meters/750 meters/1,500 meters/1.2 miles

# Start / Finish Pine Cliff Rd / June Lake Beach Rd June Lake Beach June lak

### **ALPHA KIDS MINI SPRINT:**

### Saturday, July 9, 2022

- Swim: 50 meters (one loop)
- 1) In water start
- 2) Swim one loop in counterclockwise direction
- 3) Exit water to T1

### **ALPHA SPRINT:**

### Saturday, July 9, 2022

- Swim: 750 meters (one loop)
- 1) In water start
- 2) Swim one loop in counterclockwise direction
- 3) Exit water to T1

# ALPHA OLYMPIC:

# Saturday, July 9, 2022

- Swim: 1,500 meters (two loops)
- 1) In water start
- 2) Swim two loops in counterclockwise direction
- 3) Exit water to T1

### **ALPHA 70.3:**

# Saturday, July 9, 2022

- Swim: 1.2 miles (two loops)
- 1) In water start
- 2) Swim two loops in counterclockwise direction
- 3) Exit water to T1

