June Lake , CA

Swim Course

ALPHA KIDS MINI SPRINT:
Swim: 50 meters (one loop)

1) In water start
2) Swim one loop in counterclockwise direction
3) Exit water to T1

ALPHA SPRINT:
Swim: 750 meters (one loop)

1) In water start
2) Swim one loop in counterclockwise direction
3) Exit water to T1

ALPHA OLYMPIC:
Swim: 1,500 meters (two loops)

1) In water start
2) Swim two loops in counterclockwise direction
3) Exit water to T1

ALPHA LONG COURSE:
Swim: 1.2 miles (two loops)

1) In water start
2) Swim two loops in counterclockwise direction
3) Exit water to T1

Map

June Lake Beach

START

FINISH

Pine Cliff Rd

2x OLYMPIC ATHLETES ONLY

2x

KEEP BOUYS ON YOUR LEFT

JUNE LAKE

June Lake Loop

JUNE LAKE TRIATHLON (SWIM)

ALPHA KIDS MINI SPRINT	
ALPHA SPRINT & OLYMPIC	
ALPHA LONG COURSE	
BOUYS	
MEDICAL	
AID STATION	
BATHROOMS	

N

0   0.05   0.1   0.15   0.2   0.25 Miles