



## June Lake, CA Run Course

1 mile/3.1 miles/6.2 miles/13.1 miles



Course Key	
	= Alpha Sprint
	= Alpha Olympic
	= Alpha Half
	= Trail
	= Aid Station
	= Medical
	= Porta-Potty

### ALPHA KIDS MINI SPRINT:

- Run: 1.0 mile (out-n-back)
- 1) - Exit T2, R on Trail
- 2) - Through Beach
- 3) - R at Boat Launch/Dog Beach
- 4) - Uphill halfway u-turn
- 5) - Downhill past incoming trail
- 6) - L on return trail
- 7) - R down to beach
- 8) - Follow finish chute on beach to Finish Line

### ALPHA OLYMPIC:

- Run: 6.2 miles (out-n-back)
- 1) - Exit T2, R on Trail
- 2) - Through Beach
- 3) - R at Boat Launch/Dog Beach
- 4) - Uphill
- 5) - R on Northshore Dr
- 7) - L on Powerline Trail
- 8) - Turnaround at 2nd Aid Station at 3.1 miles and return on same route to finish
- 9) - Follow finish chute on beach to Finish Line

### ALPHA SPRINT:

- Run: 3.1 miles (out-n-back)
- 1) - Exit T2, R on Trail
- 2) - Through Beach
- 3) - R at Boat Launch/Dog Beach
- 4) - Uphill
- 5) - R on Northshore Dr
- 6) - L on Powerline Trail
- 7) - Turnaround at 1.55 miles and return on same route
- 8) - Follow finish chute on beach to Finish Line

### ALPHA 70.3:

- Run: 13.1 miles (2 out-n-backs)
- 1) - Exit T2, R on Trail
- 2) - Through Beach
- 3) - R at Boat Launch/Dog Beach
- 4) - Uphill
- 5) - R on Northshore Dr
- 7) - L on Powerline Trail
- 8) - Continue past 2nd Aid Station and turnaround at 3.275 and return on same route
- 9) - Turnaround near transition and repeat same loop
- 10) - Follow finish chute on beach to Finish Line