

**ALPHA SPRINT BIKE:**

**Sunday, September 5, 2021**

- Bike: 12.4 miles (out-n-back)
- 1) – Exit T1, L on Beach Rd
- 2) – R on Canada St
- 3) – L on US 9
- 4) – L on Judd Bridge / Perry Dr
- 5) – L on Harrington Hills Rd
- 6) – L on Bakers Crossing
- 7) – R on US 9
- 8) – R on Mountain Dr
- 9) – L on Ottawa St
- 10) – L on McGillis Ave
- 11) – Cross Route 9 to Beach Rd and T2

**ALPHA OLYMPIC BIKE:**

**Sunday, September 5, 2021**

- Bike: 24.8 miles (out-n-back)
- 1) – Exit T1, L on Beach Rd
- 2) – R on Canada St
- 3) – L on US 9
- 4) – R on Diamond Pt Rd
- 5) – L on E Schroon River Rd
- 6) – L on County Home Bridge Rd
- 7) – R on Schroon River Rd
- 8) – Turnaround and return on same route
- 9) – Right on Horicon Ave
- 10) – L on Main St / US 9
- 11) – R on Judd Bridge / Perry Dr
- 12) – L on Harrington Hills Rd
- 13) – L on Bakers Crossing
- 14) – R on US 9
- 15) – R on Mountain Dr
- 16) – L on Ottawa St
- 17) – L on McGillis Ave
- 18) – Cross Route 9 to Beach Rd and T2

**70.3 BIKE:**

**Saturday, September 4, 2021**

- Bike: 56 miles (one out-n-back)
- 1) – Exit T1, L on Beach Rd
- 2) – R on Canada St
- 3) – L on US 9
- 4) – R on Diamond Pt Rd
- 5) – L on E Schroon River Rd
- 6) – L on County Home Bridge Rd
- 7) – R on Schroon River Rd
- 8) – R on Horicon Ave
- 9) – R on SR 8
- 10) – Continue past first intersection with Palisades Rd
- 11) – L on second intersection with Palisades Rd
- 12) – R on SR 8
- 13) – L on Horicon Ave
- 14) – L on Schroon River Rd, become Horicon Ave
- 15) – L on Main St / US 9
- 16) – R on Judd Bridge / Perry Dr
- 17) – L on Harrington Hills Rd
- 18) – L on Bakers Crossing
- 19) – R on US 9
- 20) – R on Mountain Dr
- 21) – L on Ottawa St
- 22) – L on McGillis Ave
- 23) – Cross Route 9 to Beach Rd to T2



Course Key	
Sprint =	Trail = - - -
Olympic =	Aid Station =
70.3 =	Medical =
Mile Marker =	Porta-Potty =

**Lake George, NY  
Bike Course**

12.4 miles/24.8 miles/56 miles

