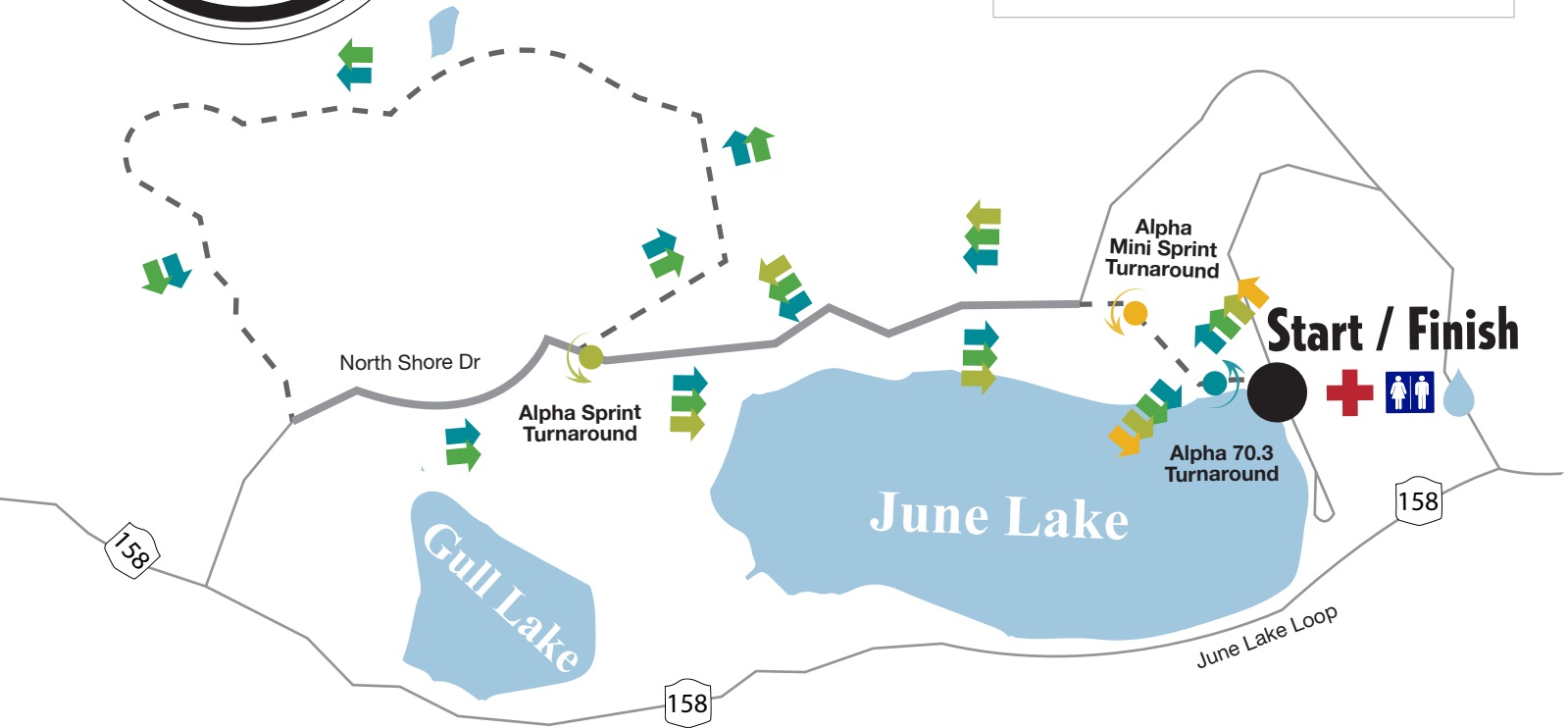




June Lake, CA Run Course

1 mile/3.1 miles/6.5 miles/13 miles

Course Key	
Alpha Mini Sprint =	Trail = - - - -
Alpha Sprint =	Aid Station =
Alpha Olympic =	Medical =
Alpha Half =	Porta-Potty =
	Mile Marker =



ALPHA KIDS MINI SPRINT: Saturday, July 9, 2022

- Run: 1.0 mile (out-n-back)
- 1) - Exit T2, R on Trail
- 2) - Through Beach
- 3) - R at Boat Launch/ Dog Beach
- 4) - Uphill halfway u-turn
- 5) - Downhill past incoming trail
- 6) - L on return trail
- 7) - R down to beach
- 8) - Follow finish chute on beach to Finish Line

ALPHA OLYMPIC: Saturday, July 9, 2022

- Run: 6.5 miles (lollipop)
- 1) - Exit T2, R on Trail
- 2) - Through Beach
- 3) - R at Boat Launch/ Dog Beach
- 4) - Uphill
- 5) - L on Northshore Dr
- 6) - Cross Northshore Dr at 1.55miles (Sprint Turn around)
- 7) - R on 4WD Road
- 8) - L on single track trail
- 9) - L on single track trail (at Aid #4) along/parallel Northshore Dr
- 10) - R/Cross Northshore Dr
- 11) - R on 4WD Road
- 12) - Downhill past incoming trail
- 13) - L on return trail
- 14) - R down to beach
- 15) - Follow finish chute on beach to Finish Line

ALPHA SPRINT: Saturday, July 9, 2022

- Run: 3.1 miles (out-n-back)
- 1) - Exit T2, R on Trail
- 2) - Through Beach
- 3) - R at Boat Launch/ Dog Beach
- 4) - Uphill
- 5) - L on Northshore Dr
- 6) - Turnaround at 1.55 miles
- 7) - Downhill past incoming trail
- 8) - L on return trail
- 9) - R down to beach
- 10) - Follow finish chute on beach to Finish Line

ALPHA 70.3: Saturday, July 9, 2022

- Run: 13.1 miles (2 lollipops)
- 1) - Exit T2, R on Trail
- 2) - Through Beach
- 3) - R at Boat Launch/ Dog Beach
- 4) - Uphill
- 5) - L on Northshore Dr
- 6) - Cross Northshore Dr at 1.55miles (Sprint Turn around)
- 7) - R on 4WD Road
- 8) - L on single track trail
- 9) - L on single track trail (at Aid #4) along/parallel Northshore Dr
- 10) - R/Cross Northshore Dr
- 11) - R on 4WD Road
- 12) - Downhill past incoming trail
- 13) - L on return trail
- 14) - R down to beach
- 15) - Turnaround to begin second lollipop on the same course
- 16) - Follow finish chute on beach to Finish Line