



Results

LakeGeorge Half Triathlon 9/4/2021

Triathlon

Place	Time	Name	Bib#	Place in Sex Group	Swim				T1				Bike				T2				Run				Penalty					
					Time	All	Sex	Age Pace	Time	All	Sex	Age	Time	All	Sex	Age Pace	Time	All	Sex	Age	Time	All	Sex	Age Pace	Type	Time				
1	4:25:10	Cronin, Kevin	1579	Males 20-24	1	0:32:30	11	8	1	01:32	00:53	1	1	1	2:29:51	3	3	1	22.4	01:29	12	9	1	1:20:27	1	1	1	06:08		0
2	4:30:54	Crave, Matt	1578	Males 40-44	2	0:30:38	5	3	1	01:27	01:12	4	4	1	2:23:24	1	1	1	23.4	01:21	10	7	2	1:34:19	2	2	1	07:12		0
3	4:48:22	Ordish, Robert	1626	Males 35-39	3	0:30:36	4	2	1	01:27	01:56	17	12	3	2:40:38	6	6	1	20.9	00:47	1	1	1	1:34:25	3	3	1	07:12		0
4	4:49:08	Pesansky, Jonathan	1633	Males 45-49	4	0:28:22	3	1	1	01:21	01:17	5	5	1	2:40:46	7	7	1	20.9	03:25	62	45	12	1:35:18	4	4	1	07:16		0
5	4:50:02	Ryan, Matthew	1646	Males 30-34	5	0:32:24	10	7	2	01:32	01:03	3	3	1	2:39:23	5	5	1	21.1	01:11	4	4	1	1:36:01	5	5	1	07:20		0
6	4:53:24	Smotzer, Patrick	1659	Males 25-29	6	0:32:01	7	5	1	01:31	01:54	16	11	1	2:29:47	2	2	1	22.4	01:28	11	8	1	1:48:14	12	10	2	08:16		0
7	5:02:13	Noonan, John	1624	Males 60-64	7	0:36:44	34	25	1	01:44	02:15	31	24	1	2:42:23	9	9	2	20.7	01:19	7	6	1	1:39:32	7	6	1	07:36		0
8	5:07:43	Ross, Robert	1643	Males 45-49	8	0:36:17	29	22	8	01:43	04:23	75	50	14	2:40:47	8	8	2	20.9	02:20	34	24	6	1:43:56	10	8	2	07:56		0
9	5:10:58	Sinnott, Holly	1654	Female 25-29	1	0:28:20	2	2	1	01:20	01:26	9	2	1	3:00:40	32	4	1	18.6	01:48	22	5	2	1:38:44	6	1	1	07:32		0
10	5:12:22	Belus, Michael	1563	Males 40-44	9	0:33:58	14	9	2	01:36	01:57	18	13	3	2:49:33	18	18	3	19.8	03:25	61	44	7	1:43:29	9	7	2	07:54		0
11	5:18:33	Tonks, Carla	1475	Female 45-49	2	0:28:11	1	1	1	01:20	02:09	26	6	1	2:57:07	25	2	1	19.0	01:20	9	3	1	1:49:46	14	3	1	08:23		0
12	5:23:04	Watts, Brian	1694	Males 45-49	10	0:36:26	32	23	9	01:44	01:18	6	6	2	2:49:22	16	16	5	19.8	01:35	16	12	2	1:54:23	17	13	3	08:44		0
13	5:23:13	Smith-rapaport, Avi	1658	Males 45-49	11	0:36:14	28	21	7	01:43	02:03	24	19	6	2:44:15	11	11	4	20.5	01:44	19	15	3	1:58:57	23	16	5	09:05		0
14	5:25:12	Dott, Kevin	1583	Males 55-59	12	0:35:34	23	17	2	01:41	02:14	29	22	2	2:50:44	19	19	2	19.7	02:48	45	32	4	1:53:52	16	12	1	08:42		0
15	5:25:19	Rabideau, Lauren	1638	Female 25-29	3	0:33:15	13	5	3	01:34	02:10	28	7	3	3:08:03	44	9	3	17.9	01:34	15	4	1	1:40:17	8	2	2	07:39		0
16	5:25:29	Covert, Todd	1577	Males 45-49	13	0:34:23	15	10	3	01:38	02:00	22	17	5	2:49:33	17	17	6	19.8	01:08	2	2	1	1:58:25	22	15	4	09:02		0
17	5:26:57	Zaug, Brian	1675	Males 40-44	14	0:37:17	36	27	5	01:46	01:35	11	8	2	2:45:37	12	12	2	20.3	01:10	3	3	1	2:01:18	29	21	5	09:16		0
18	5:27:16	Patierno, Kevin	1629	Males 25-29	15	0:44:02	66	46	2	02:05	05:22	87	57	2	2:48:42	14	14	2	19.9	04:30	82	55	2	1:44:40	11	9	1	07:59		0
19	5:27:32	Underwood, Heidi	1690	Female 50-54	4	0:36:25	31	9	2	01:43	01:19	7	1	1	2:56:21	24	1	1	19.1	01:54	24	6	1	1:51:33	15	4	1	08:31		0
20	5:28:52	Luciani, Steve	1610	Males 60-64	16	0:40:57	54	39	2	01:56	02:48	45	33	2	2:38:41	4	4	1	21.2	02:16	33	23	2	2:04:10	38	29	2	09:29		0
21	5:31:02	Haas, Brandon	1591	Males 35-39	17	0:37:16	35	26	3	01:46	01:01	2	2	1	2:54:57	23	23	3	19.2	01:15	6	5	2	1:56:33	19	14	2	08:54		0
22	5:31:06	Odonnell, Steve	1625	Males 55-59	18	0:34:59	20	14	1	01:39	02:09	27	21	1	2:49:06	15	15	1	19.9	02:06	28	20	2	2:02:46	34	25	2	09:22		0
23	5:31:48	Rapaport, Tahl	1640	Males 40-44	19	0:36:02	25	18	4	01:42	02:06	25	20	6	2:51:57	21	21	4	19.5	01:45	20	16	4	1:59:58	25	18	3	09:09		0
24	5:34:48	Pochily, Peter	1635	Males 50-54	20	0:45:38	71	51	5	02:10	03:16	56	39	5	2:54:42	22	22	2	19.2	02:27	36	25	3	1:48:45	13	11	1	08:18		0
25	5:38:37	Welter, Lindsey	1669	Female 30-34	5	0:36:20	30	8	2	01:43	01:51	15	5	1	2:57:26	26	3	1	18.9	01:20	8	2	1	2:01:40	31	9	1	09:17		0
26	5:40:48	Tibbetts, Erica	1664	Female 35-39	6	0:40:37	52	15	3	01:55	01:32	10	3	1	3:01:33	35	5	1	18.5	01:13	5	1	1	1:55:53	18	5	1	08:51		0
27	5:41:32	Hamel, Bill	1592	Males 50-54	21	0:44:20	67	47	3	02:06	01:59	20	15	1	2:50:52	20	20	1	19.7	01:50	23	18	2	2:02:31	33	24	2	09:21		0
28	5:42:07	Canales, Ryan	1682	Males 45-49	22	0:32:12	9	6	2	01:31	02:43	43	31	9	2:43:11	10	10	3	20.6	02:06	29	19	4	2:21:55	61	42	13	10:50		0
29	5:42:30	Vandermark, Sherman	1667	Males 45-49	23	0:36:07	26	19	6	01:43	02:47	44	32	10	3:00:27	31	28	7	18.6	02:52	48	33	9	2:00:17	27	20	6	09:11		0
30	5:45:47	Markoe, Rachael	1613	Female 25-29	7	0:33:06	12	4	2	01:34	01:38	12	4	2	3:02:05	37	6	2	18.5	02:23	35	11	4	2:06:35	40	10	3	09:40		0
31	5:49:23	Lee, Steven	1607	Males 45-49	24	0:37:26	39	30	11	01:46	02:36	38	27	8	3:01:20	34	30	8	18.5	05:43	92	62	15	2:02:18	32	23	7	09:20		0
32	5:49:41	Yaun, Andrew	1674	Males 35-39	25	0:34:52	19	13	2	01:39	02:40	41	29	4	3:10:32	50	41	8	17.6	02:27	37	26	4	1:59:10	24	17	3	09:06		0

Triathlon

Place	Time	Name	Bib#	Sex	Group	Swim					T1				Bike					T2				Run					Penalty			
						Place in	Time	All	Sex	Age	Pace	Time	All	Sex	Age	Time	All	Sex	Age	Pace	Time	All	Sex	Age	Pace	Type	Time					
33	5:52:04	Simon, Joseph	1687	Males	35-39	26	3	0:37:18	37	29	4	01:46	01:48	14	10	2	3:09:37	49	40	7	17.7	01:46	21	17	3	2:01:35	30	22	4	09:17		0
34	5:54:16	Collias, Jennifer	1574	Female	50-54	8	2	0:32:10	8	3	1	01:31	02:51	48	14	3	3:17:31	58	12	2	17.0	03:54	72	22	7	1:57:50	21	7	2	09:00		0
35	5:55:09	Bruch, Chuck	1566	Males	35-39	27	4	0:40:25	50	36	6	01:55	03:56	69	47	9	2:59:42	29	26	4	18.7	03:38	66	47	5	2:07:28	42	31	5	09:44		0
36	5:55:24	Kelly, Scott	1601	Males	45-49	28	9	0:37:38	41	31	12	01:47	03:44	65	46	12	3:05:17	40	34	10	18.1	02:15	32	22	5	2:06:30	39	30	9	09:39		0
37	5:55:45	Rancourt, Brian	1639	Males	40-44	29	4	0:38:11	43	33	6	01:48	02:42	42	30	7	3:00:49	33	29	5	18.6	01:33	14	11	3	2:12:30	54	39	7	10:07		0
38	5:58:07	Kopcha, Christine	1604	Female	45-49	9	1	0:46:38	79	27	3	02:12	02:24	34	9	2	3:06:34	42	8	2	18.0	02:06	27	9	2	2:00:25	28	8	2	09:12		0
39	5:58:52	Murphy, Jennifer	1621	Female	30-34	10	2	0:35:58	24	7	1	01:42	02:19	33	8	2	3:05:41	41	7	2	18.1	02:30	41	13	2	2:12:24	53	15	2	10:06		0
40	5:59:03	Cavallaro, Joe	1570	Males	30-34	30	2	0:31:29	6	4	1	01:29	01:57	19	14	2	3:20:27	61	48	4	16.8	01:41	17	13	2	2:03:29	36	27	2	09:26		0
41	5:59:14	Henck, Colin	1597	Males	40-44	31	5	0:34:49	18	12	3	01:39	02:01	23	18	5	3:07:29	43	35	7	17.9	03:38	67	48	8	2:11:17	51	37	6	10:01		0
42	5:59:19	Sergott, Neil	1649	Males	50-54	32	3	0:40:27	51	37	2	01:55	02:48	46	34	3	3:08:45	47	38	4	17.8	03:21	60	43	5	2:03:58	37	28	3	09:28		0
43	5:59:36	Erwin, Christopher	1585	Males	45-49	33	10	0:37:18	38	28	10	01:46	02:56	50	36	11	3:12:54	54	44	12	17.4	03:33	64	46	13	2:02:55	35	26	8	09:23		0
44	6:00:37	Joseph, Eric	1599	Males	35-39	34	5	0:41:14	56	41	8	01:57	03:10	52	37	5	3:03:14	39	33	5	18.3	04:19	80	54	8	2:08:40	45	33	6	09:49		0
45	6:01:16	Dillenberger, James	1581	Males	55-59	35	3	0:44:39	68	48	4	02:07	05:00	83	54	5	2:57:46	27	24	3	18.9	03:56	74	51	6	2:09:55	48	34	3	09:55		0
46	6:02:08	Shaw, Steven	1650	Males	45-49	36	11	0:35:08	22	16	5	01:40	01:21	8	7	3	3:11:34	52	43	11	17.5	02:59	51	36	10	2:11:06	49	35	11	10:00		0
47	6:04:52	Evans, Christopher	1586	Males	40-44	37	6	0:42:15	62	45	7	02:00	02:00	21	16	4	3:18:05	59	47	8	17.0	02:29	39	27	5	2:00:03	26	19	4	09:10		0
48	6:14:14	Gentry, Natalie	1588	Female	40-44	11	1	0:41:38	60	17	1	01:58	03:00	51	15	1	3:20:44	62	14	1	16.7	01:56	26	8	1	2:06:56	41	11	1	09:41		0
49	6:17:23	Graminski, Mark	1590	Males	65-69	38	1	0:36:41	33	24	1	01:44	05:13	84	55	1	3:00:03	30	27	1	18.7	03:12	58	41	1	2:32:14	68	48	1	11:37		0
50	6:20:13	Harris, Brett	1595	Female	35-39	12	2	0:43:24	63	18	4	02:03	05:51	91	33	5	3:29:56	75	21	5	16.0	04:20	81	27	4	1:56:42	20	6	2	08:55		0
51	6:21:46	Brooker, Edwin	1565	Males	30-34	39	3	0:42:14	61	44	5	02:00	03:14	55	38	4	3:13:04	55	45	3	17.4	02:30	40	28	3	2:20:44	60	41	4	10:45		0
52	6:22:02	Sager, Jen	1647	Female	25-29	13	2	0:39:58	48	13	6	01:54	02:37	39	12	5	3:18:37	60	13	4	16.9	01:54	25	7	3	2:18:56	59	19	6	10:36		0
53	6:22:19	Alzayer, Hadi	1558	Males	20-24	40	1	0:50:53	87	56	2	02:25	07:15	96	62	2	3:09:24	48	39	2	17.7	02:59	52	37	2	2:11:48	52	38	2	10:04		0
54	6:23:22	Sickles, Ryan	1652	Males	35-39	41	6	0:39:32	47	35	5	01:52	03:20	57	40	6	2:47:18	13	13	2	20.1	05:26	89	60	9	2:47:46	80	52	8	12:48		0
55	6:25:01	Williams, Celestino	1671	Males	40-44	42	7	0:52:07	88	57	9	02:28	03:33	63	45	8	3:01:41	36	31	6	18.5	03:01	54	38	6	2:24:39	63	44	8	11:03		0
56	6:27:10	Parker, Amy	1628	Female	25-29	14	3	0:38:39	45	12	5	01:50	02:29	36	10	4	3:32:25	77	23	6	15.8	03:57	75	24	6	2:09:40	47	14	5	09:54		0
57	6:27:13	Christian, James	1573	Males	35-39	43	7	0:40:46	53	38	7	01:56	04:41	78	51	10	3:08:28	45	36	6	17.8	06:24	95	63	10	2:26:54	64	45	7	11:13		0
58	6:27:35	Sinnott, Matthew	1655	Males	30-34	44	4	0:36:11	27	20	3	01:43	02:17	32	25	3	3:08:31	46	37	2	17.8	03:02	55	39	4	2:37:34	73	50	6	12:02		0
59	6:27:53	Wojnowski, Adam	1673	Males	45-49	45	12	0:38:05	42	32	13	01:48	02:14	30	23	7	3:15:59	56	46	13	17.1	02:46	44	31	8	2:28:49	67	47	14	11:22		0
60	6:30:52	Malloy, Sandy	1612	Female	50-54	15	3	0:43:48	65	20	6	02:04	03:45	66	20	4	3:21:24	63	15	3	16.7	03:51	71	21	6	2:18:04	58	18	3	10:32		0
61	6:31:03	Preischel, Jeff	1636	Males	50-54	46	4	0:34:47	17	11	1	01:39	02:54	49	35	4	3:25:58	69	52	5	16.3	02:52	47	34	4	2:24:32	62	43	4	11:02		0
62	6:32:42	Arnold, Marie	1560	Female	45-49	16	2	0:47:20	80	28	4	02:14	05:18	85	30	6	3:26:50	72	19	3	16.2	03:38	68	20	4	2:09:36	46	13	3	09:54		0
63	6:32:48	Rhynhart, Karl	1642	Males	45-49	47	13	0:41:15	57	42	14	01:57	01:46	13	9	4	3:02:37	38	32	9	18.4	02:32	42	29	7	2:44:38	77	51	15	12:34		0
64	6:37:48	Kellogg, Nicole	1600	Female	35-39	17	3	0:34:39	16	6	1	01:38	05:30	88	31	4	3:17:07	57	11	3	17.0	05:52	93	31	5	2:34:40	70	22	4	11:48		0
65	6:38:52	Sickles, Angela	1651	Female	35-39	18	4	0:46:37	78	26	5	02:12	02:49	47	13	2	3:12:28	53	10	2	17.5	03:00	53	16	3	2:33:58	69	21	3	11:45		0
66	6:40:59	Dougan, Amy	1685	Female	25-29	19	4	0:38:18	44	11	4	01:49	03:56	70	23	7	3:26:01	70	18	5	16.3	03:55	73	23	5	2:28:49	66	20	7	11:22		0
67	6:41:31	Virgil, Scott	1668	Males	45-49	48	14	0:35:06	21	15	4	01:40	04:49	80	52	15	3:51:01	87	60	15	14.5	03:05	56	40	11	2:07:30	43	32	10	09:44		0
68	6:43:21	Telacki, Wojciech	1663	Males	55-59	49	4	0:38:56	46	34	3	01:51	04:15	74	49	4	3:10:53	51	42	4	17.6	01:31	13	10	1	2:47:46	81	53	4	12:48		0
69	6:50:13	Kevorkian, Andrew	1602	Males	45-49	50	15	0:53:39	92	59	15	02:32	03:57	71	48	13	3:37:14	79	56	14	15.5	04:08	78	53	14	2:11:15	50	36	12	10:01		0
70	6:52:06	Ruggirello, Annina	1645	Female	25-29	20	5	0:46:19	74	23	7	02:12	03:35	64	19	6	3:48:24	86	27	7	14.7	06:06	94	32	7	2:07:42	44	12	4	09:45		0

Triathlon

Place	Time	Name	Bib#	Sex	Group	Swim					T1				Bike				T2				Run					Penalty				
						Place in	Time	All	Sex	Age	Pace	Time	All	Sex	Age	Time	All	Sex	Age	Pace	Time	All	Sex	Age	Pace	Type	Time					
71	6:52:10	Watts, Aidan	1695	Males	16-19	51	1	0:41:12	55	40	1	01:57	02:39	40	28	1	15.4	3:38:12	80	57	1	15.4	02:42	43	30	1	2:27:25	65	46	1	11:15	0
72	6:52:43	Casale, Nicole	1569	Female	35-39	21	5	0:40:16	49	14	2	01:54	04:56	81	29	3	16.4	3:24:57	68	17	4	16.4	02:52	49	15	2	2:39:42	75	25	5	12:11	0
73	6:53:13	Noble Ligouri, Kristen	1622	Female	45-49	22	3	0:46:11	73	22	2	02:11	04:48	79	28	5	14.9	3:44:53	82	25	4	14.9	02:49	46	14	3	2:14:32	56	16	4	10:16	0
74	7:00:52	Adams, Kevin	1557	Males	50-54	52	5	0:45:05	70	50	4	02:08	02:29	35	26	2	18.8	2:58:50	28	25	3	18.8	01:43	18	14	1	3:12:45	91	60	5	14:43	0
75	7:06:08	Walley, Christine	1693	Female	50-54	23	4	0:43:47	64	19	5	02:04	03:53	68	22	6	16.1	3:28:21	74	20	5	16.1	03:25	63	18	5	2:46:42	78	27	6	12:44	0
76	7:07:44	Patnode, Traci	1630	Female	50-54	24	5	0:52:45	90	33	8	02:30	02:33	37	11	2	16.4	3:24:52	67	16	4	16.4	03:12	57	17	4	2:44:22	76	26	5	12:33	0
77	7:07:44	Patnode, Toni	1631	Female	50-54	25	6	0:52:44	89	32	7	02:30	04:10	73	25	7	16.0	3:30:11	76	22	6	16.0	02:27	38	12	3	2:38:12	74	24	4	12:05	0
78	7:15:54	Markoe, Don	1614	Males	55-59	53	5	0:48:36	83	53	5	02:18	06:34	92	59	7	16.7	3:21:29	64	49	5	16.7	02:54	50	35	5	2:56:21	83	55	5	13:28	0
79	7:18:34	Prokop, Michael	1637	Males	30-34	54	5	0:41:16	58	43	4	01:57	03:23	58	41	5	14.2	3:55:51	91	61	5	14.2	03:16	59	42	5	2:34:48	71	49	5	11:49	0
80	7:19:58	Wilson, Mark	1672	Males	40-44	55	8	0:44:42	69	49	8	02:07	07:12	95	61	9	16.2	3:27:12	73	54	9	16.2	05:31	90	61	9	2:55:21	82	54	9	13:23	0
81	7:21:12	Cook, Chris	1576	Males	35-39	56	8	0:50:44	86	55	10	02:24	03:30	62	44	8	16.6	3:22:08	65	50	9	16.6	03:42	70	50	7	3:01:08	84	56	9	13:50	0
82	7:21:12	Roth, David	1644	Males	35-39	57	9	0:50:42	85	54	9	02:24	03:28	61	42	7	16.6	3:22:12	66	51	10	16.6	03:41	69	49	6	3:01:09	86	58	10	13:50	0
83	7:29:23	Ancona, Gina	1559	Female	45-49	26	4	0:50:11	84	31	6	02:23	04:03	72	24	4	13.3	4:13:23	94	31	6	13.3	03:58	76	25	5	2:17:48	57	17	5	10:31	0
84	7:47:29	Knox, Eric	1603	Males	50-54	58	6	0:46:35	77	52	6	02:12	11:22	99	65	6	16.3	3:26:36	71	53	6	16.3	06:45	96	64	6	3:16:11	92	61	6	14:59	0
85	7:48:31	Lennon, Christine	1609	Female	40-44	27	2	0:46:20	75	24	2	02:12	03:13	54	17	2	13.1	4:17:28	95	32	2	13.1	05:34	91	30	2	2:35:56	72	23	2	11:54	0
86	7:48:37	Telacka, Joanna	1662	Female	50-54	28	7	0:37:29	40	10	3	01:46	03:50	67	21	5	15.3	3:39:25	81	24	7	15.3	02:07	30	10	2	3:25:46	94	33	8	15:42	0
87	7:52:34	Lenio, Caitlin	1608	Female	30-34	29	3	0:47:36	82	30	3	02:15	03:12	53	16	3	14.4	3:53:28	88	28	3	14.4	04:30	83	28	3	3:03:48	87	29	3	14:02	0
88	7:54:59	Lahart, Cian	1605	Males	30-34	59	6	0:52:46	91	58	6	02:30	05:00	82	53	6	12.0	4:38:53	99	65	6	12.0	04:00	77	52	6	2:14:20	55	40	3	10:15	0
89	7:57:14	Silverman, Lee	1653	Female	50-54	30	8	0:41:30	59	16	4	01:58	05:51	90	32	8	13.0	4:17:58	96	33	8	13.0	04:59	84	29	8	2:46:56	79	28	7	12:45	0
90	7:59:06	Remais, Elena	1641	Female	55-59	31	1	0:46:27	76	25	1	02:12	04:24	76	26	1	14.3	3:55:45	90	30	2	14.3	03:36	65	19	1	3:08:54	90	31	1	14:25	0
91	8:03:14	Swedick, Lisa	1689	Challenged - Female		32	1																				3:07:38	88	30	1	14:19	0
92	8:06:15	Smith, William A	1656	Challenged - Male		60	1	0:57:13	95	62	1	02:43	08:13	98	64	2	14.7	3:48:02	85	59	2	14.7	05:08	85	56	1	3:07:39	89	59	1	14:19	0
93	8:13:02	Harrington, Heather	1594	Female	45-49	33	5	0:47:35	81	29	5	02:15	03:28	59	18	3	14.3	3:55:37	89	29	5	14.3	04:19	79	26	6	3:22:03	93	32	6	15:25	0
94	8:25:22	McMurray, Curvie	1616	Clydesdale - 40 and over		61	1	1:03:06	97	64	1	02:59	05:19	86	56	1	15.6	3:35:44	78	55	1	15.6	05:23	88	59	1	3:35:50	96	63	1	16:29	0
95	8:37:04	David, Thomas	1580	Males	55-59	62	6	1:24:44	99	65	8	04:01	05:38	89	58	6	14.0	4:00:13	92	62	6	14.0	05:21	87	58	7	3:01:08	85	57	6	13:50	0
96	8:59:10	Lebaron, Timothy	1606	Males	55-59	63	7	0:54:48	94	61	7	02:36	03:28	60	43	3	12.7	4:23:56	98	64	8	12.7	02:12	31	21	3	3:34:46	95	62	7	16:24	0
97	9:20:23	Perry, John	1632	Males	55-59	64	8	0:54:42	93	60	6	02:35	06:38	93	60	8	13.8	4:04:21	93	63	7	13.8	07:40	97	65	8	4:07:02	97	64	8	18:51	0

