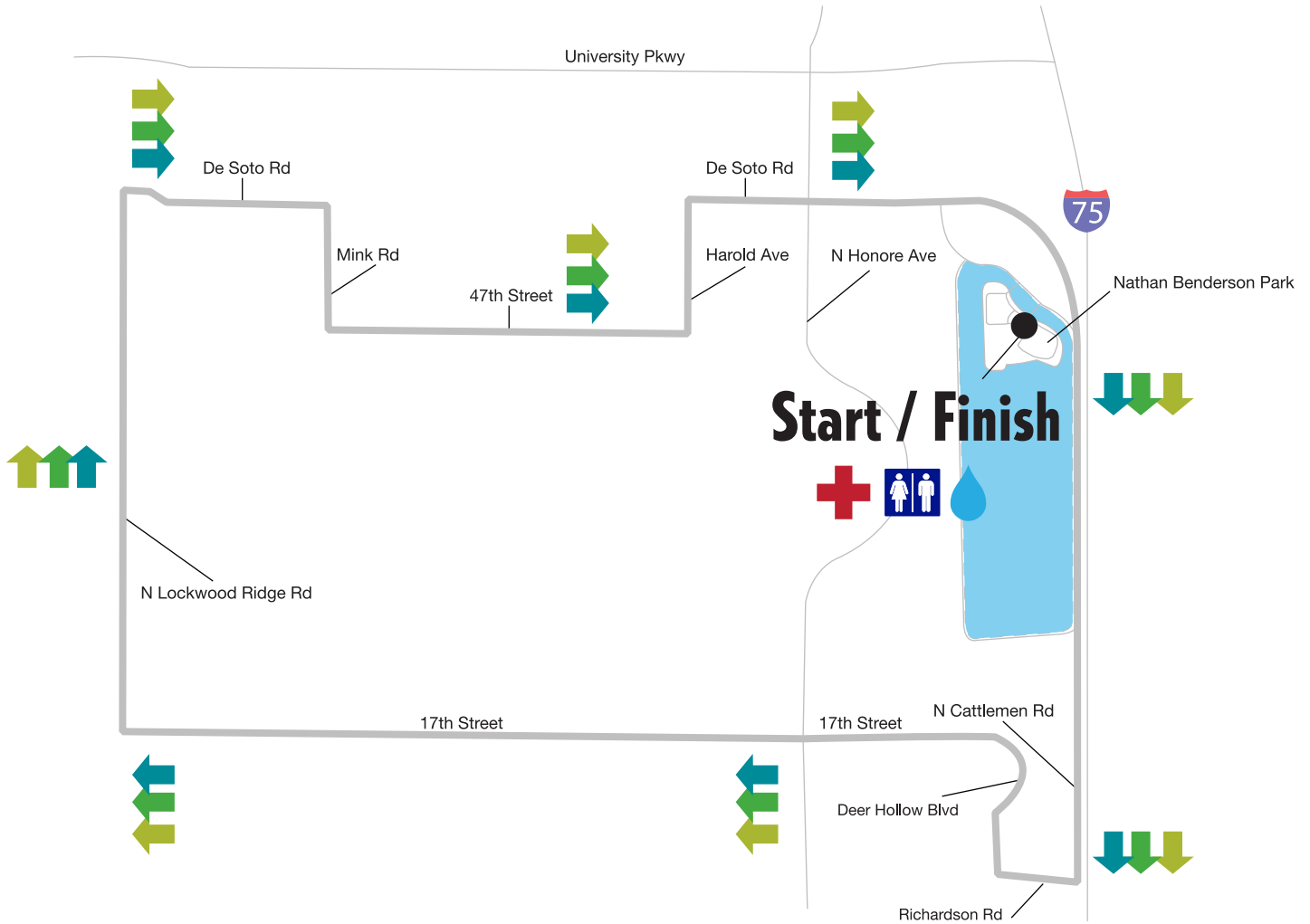




**Sarasota, Florida**  
**Bike Course**  
 13.2 miles/ 26.2 miles/ 52.2 miles

Course Key		
Alpha Sprint =		Trail =
Alpha Olympic =		Aid Station =
Alpha 70.3 =		Medical =
Mile Marker =		Porta-Potty =



**ALPHA SPRINT:**  
**Sunday, January 9, 2022**

- Bike: 13.2 miles (one loop)
- 1) - Exit T1, R onto N Cattlemen Rd
- 2) - R on Richardson Rd
- 3) - R on Deer Hollow Blvd, becomes 17th St
- 4) - Continue on 17th St
- 5) - R on N Lockwood Ridge Rd
- 6) - R on DeSoto Rd
- 7) - R on Mink Rd
- 8) - L on 47th St
- 9) - L on Harold Ave
- 10) - R on DeSoto Rd
- 11) - R on N Cattlemen Rd
- 12) - R into Nathan Benderson Park to T2

**ALPHA OLYMPIC:**  
**Sunday, January 9, 2022**

- Bike: 26.2 miles (two loops)
- 1) - Exit T1, R onto N Cattlemen Rd
- 2) - R on Richardson Rd
- 3) - R on Deer Hollow Blvd, becomes 17th St
- 4) - Continue on 17th St
- 5) - R on N Lockwood Ridge Rd
- 6) - R on DeSoto Rd
- 7) - R on Mink Rd
- 8) - L on 47th St
- 9) - L on Harold Ave
- 10) - R on DeSoto Rd
- 11) - R on N Cattlemen Rd to begin second loop
- 12) - R into Nathan Benderson Park to T2

**ALPHA 70.3:**  
**Sunday, January 9, 2022**

- Bike: 52.2 miles (four loops)
- 1) - Exit T1, R onto N Cattlemen Rd
- 2) - R on Richardson Rd
- 3) - R on Deer Hollow Blvd, becomes 17th St
- 4) - Continue on 17th St
- 5) - R on N Lockwood Ridge Rd
- 6) - R on DeSoto Rd
- 7) - R on Mink Rd
- 8) - L on 47th St
- 9) - L on Harold Ave
- 10) - R on DeSoto Rd
- 11) - R on N Cattlemen Rd to begin second, third and fourth loops
- 12) - R into Nathan Benderson Park to T2