



Saugerties, NY Bike Course

12.4 miles/24.8 miles/56 miles

ALPHA SPRINT:

Monday, October 10, 2022

• Bike: 12.4 miles (out-n-back)

- 1) - Exit T1 at Diamond Mills, R on Partition St
- 2) - Right on Main St
- 3) - Left on 9W
- 4) - Left on Lauren Tice Rd
- 5) - Right on John Shults Rd
- 6) - Left on W Camp Rd
- 7) - Turnaround and return on same course to T2

ALPHA OLYMPIC:

Monday, October 10, 2022

• Bike: 24.8 miles (out-n-back)

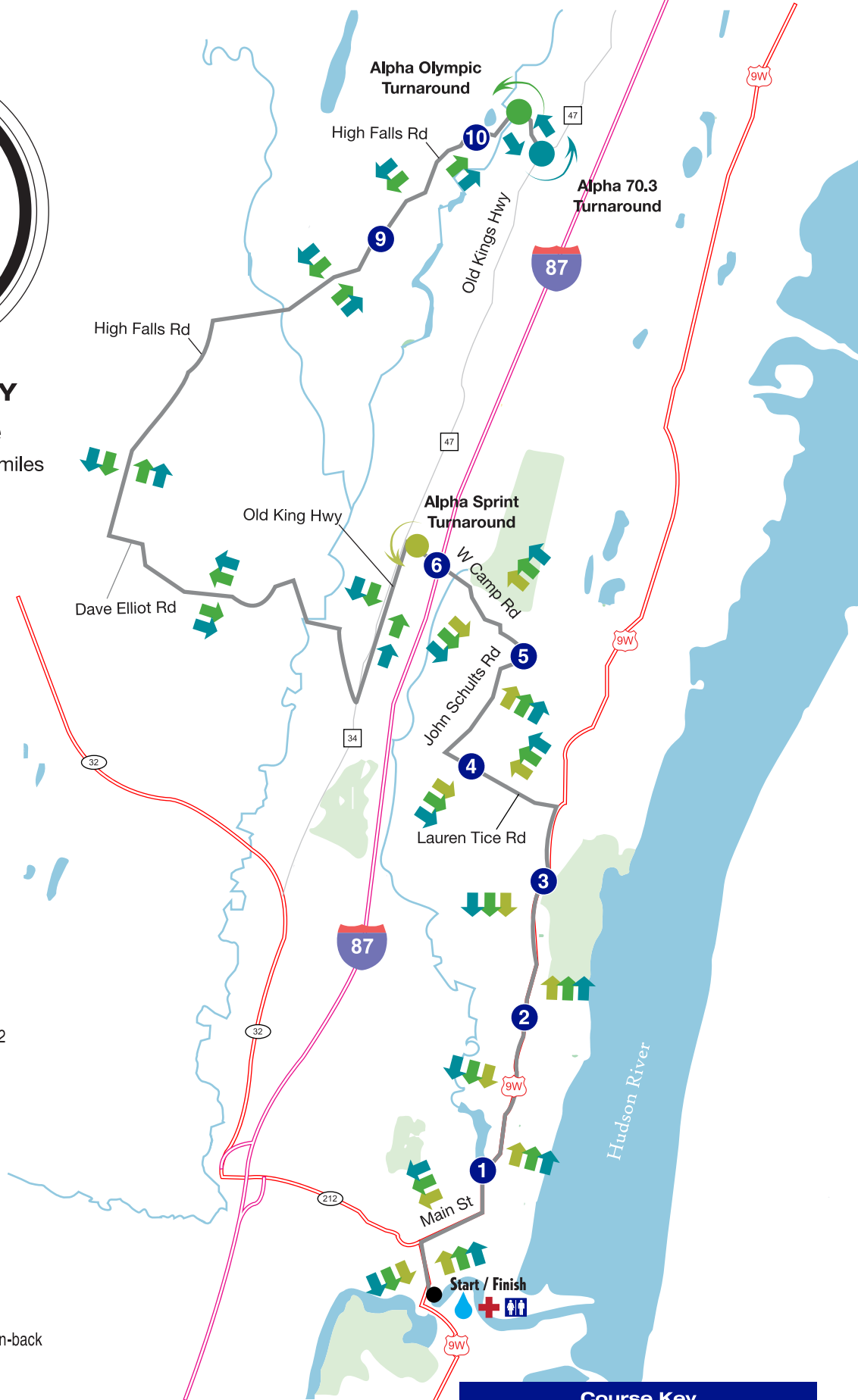
- 1) - Exit T1 at Diamond Mills, R on Partition St
- 2) - Right on Main St
- 3) - Left on 9W
- 4) - Left on Lauren Tice Rd
- 5) - Right on John Shults Rd
- 6) - Left on W Camp Rd
- 7) - Left onto Old Kings Highway
- 8) - Right onto Dave Elliot Rd
- 9) - Right on High Falls Rd
- 10) - Stay on High Falls Rd
- 11) - Turnaround and return on same course to T2

ALPHA 70.3:

Monday, October 10, 2022

• Bike: 56 miles (2 out-n-backs)

- 1) - Exit T1 at Diamond Mills, R on Partition St
- 2) - Right on Main St
- 3) - Left on 9W
- 4) - Left on Lauren Tice Rd
- 5) - Right on John Shults Rd
- 6) - Left on W Camp Rd
- 7) - Left onto Old Kings Highway
- 8) - Right onto Dave Elliot Rd
- 9) - Right on High Falls Rd
- 10) - Turnaround and return on same course
- 11) - Turnaround near transition area for 2nd out-n-back



Course Key			
	= Alpha Sprint		= Trail
	= Alpha Olympic		= Aid Station
	= Alpha 70.3		= Medical
	= Mile Marker		= Porta-Potty